

Designing your home so it never dates

Interior designer Frances Cosway, a published author with over 15 years' experience in creating beautiful homes, will be sharing her knowledge at the Adelaide Home Show with a daily seminars entitled "Essential Insights to Future Proof your Home".

The sessions will cover topics such as lighting and what to consider, how windows affect the design and what you need to know, along with creating flexible floor plans.

"It's not just about how you live today that matters; it's also about how your home can change and adapt to your lifestyle when your needs change later on," Frances said. This is critical to creating a "Forever Home" and there are key areas to consider.

"I believe our home is a reflection of our life story,



experiences and influences, lifestyle and journey, but most important is surrounding ourselves with the things we love, both old and new.

"It's what makes interiors interesting and unique, but also makes us feel at home. I'm passionate about this, and I live by this philosophy."

Frances built her own "Forever Home" in 2014, a sustainable home that won the Bayside Best Ecological Sustainable Design Award in 2015.

Frances specialises in helping people design and build their "Forever Home".

After many of her clients

kept asking the same questions, Frances wrote her book *Your Forever Home* – a practical guide for those about to embark on building or renovating.

The book covers a wide variety of topics, from sustainable design principles, material considerations, whether to build or renovate through to key considerations for bathroom and kitchen design.

The "Essential Insights to Future Proof your Home" seminars will be staged in Seminar Area 1 at 11.30am Friday, 11am Saturday and 12.45pm Sunday. Further details at KJEX.com.au

Sunday Mail 

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